

Who?

Women of all ages, interests, and backgrounds enjoy Wild Women. Some women come alone, some with family, and some with friends.

What?

Wild Women retreats are full of activities geared towards women like yourself. Ranging from mild to wild, you will be able to choose the activities that fit your mood and personality. You can also bring along your favorite book or hobby in case you decide to relax with friends in our fireside lounge.

Why?

Wild Women retreats provide the opportunity for women to get away and relax, enjoying the company of new and old friends.

Where?

Bear Creek Camp is located on nearly 3,000 beautiful acres of in the Poconos. Just 10 miles from Wilkes-Barre, we are conveniently located near main highways.

When?

Wild Women retreats happen twice yearly, once in the spring and once in the fall. The year's fall retreat will be held October 9-11, 2009.



Eastern PA Lutheran Camp Corp.
Bear Creek Camp
PO Box 278
Bear Creek, PA 18602

Non-Profit Org.
US Postage
PAID
Permit # 354
Wilkes-Barre PA

ADDRESS SERVICE REQUESTED

«FirstName» «LastName»
«Address»
«City», «State» «Zip»

www.bearcreekcamp.org

Wild Women of Bear Creek Camp

October 9-11, 2009

Relaxation
Prayer
Wellness
Beauty
Worship
Adventure



*"...that we may receive
mercy and find grace..."*
~Hebrews 4:16

Register today!

www.bearcreekcamp.org

570-472-3741

bcnc@bearcreekcamp.org

Sample Schedule★

**This schedule gives a sample of the types of activities, but not of the specific activities.*

Friday

5:00pm Registration and Dinner Buffet

7:00pm Yoga, Hike, Craft

8:00pm Welcome, Vespers

9:00pm Wine and Cheese, Icebreakers

Saturday

8:00am Breakfast

8:30am Morning Devotions

9:00am Makeovers, High Ropes, Craft

10:30am Yoga, Rock Wall, Discussion

12:00pm Lunch

1:00pm Service Project, Makeovers

2:00pm Cooking Demo, Hike, Craft

3:00pm Afternoon Break, Snacks

4:00pm Discussion, Massages, Hike

5:30pm Dinner

7:00pm Evening Vespers

8:00pm Campfire with Stories

9:30pm Wine and Cheese Fellowship

Sunday

8:00am Breakfast

9:00am Worship

10:00am Hike, Yoga, Scrapbooking

11:00am Boating, Discussion, Craft

12:00pm Lunch, Departure



Wild Women Of Bear Creek Camp

October 9-11, 2009

Registration and Cost:

The registration fee of \$183 includes lodging, meals, and most programming. Some activities require an additional fee at time of service. Register by September 18th with full payment and receive a \$25 discount! Introduce someone new to Wild Women and get \$5 off your registration! Space is limited and on a first-come, first-serve basis. A nonrefundable deposit of \$80 per person is required to register. Mail registrations to PO Box 278, Bear Creek, PA 18602.

Upon receipt of your registration, you will receive a confirmation letter, a "what-to-bring" lists, and directions. Wild Women will begin Friday night at 5:00pm with registration, cabin assignments and schedules. It will continue throughout the evening as guests arrive. A buffet dinner will be available until 7:30pm, with night programs beginning at 7:00pm. If you expect to be arriving after 7:00pm, please make a note on your registration. You may contact Karen at 570-709-1040 with any arrival changes on Friday.

Special Activities:

- **Massages by Theratouch:** These relaxing massages will be available to you at an additional cost.
- **Reflexology:** Sessions will be available to you at an additional cost.
- **Book Exchange:** Bring a book you've already read and add it to the Book Exchange pile
- **T-Shirts:** Short-sleeved T-shirts will be available at a cost of \$12. Please note your size on registration form. Design information will be mailed with your registration confirmation

Lodging and Food:

Our Adirondack-style cabins feature bunk beds; just toss on your sleeping bag and pillow and you're set! Each heated cabin offers electricity and modern bath facilities. The fireside lounge offers quiet seating for meeting, reading, and relaxing. If "roughing it" is not your idea of relaxation, call for a list of local hotels. Our chef prepares healthy, delicious meals with vegetarian options, beginning with Friday's buffet dinner and ending with Sunday's lunch.

Questions:

Karen Gower may be reached at 570-472-3741 or bcnc@bearcreekcamp.org.